

Apple Avocado Salad with Citrus Dressing

This refreshing salad combines the sweetness of apples with the creaminess of avocado, topped with a zesty citrus dressing.

A perfect dairy-free main dish for a light and flavorful meal.



Main Dish

American

10 min

Total time

Easy

Difficulty

250

kcal / serving

Ingredients

- 1 apple
- 1/2 avocado
- 1/4 cup orange juice
- 1 tbsp lemon juice
- 1 tbsp olive oil
- Salt and pepper to taste
- Mixed greens for serving

Steps

- 1 Slice the apple and avocado into bite-sized pieces.
- 2 In a small bowl, whisk together orange juice, lemon juice, olive oil, salt, and pepper to make the dressing.
- 3 Arrange the mixed greens on a plate and top with the apple and avocado slices.
- 4 Drizzle the citrus dressing over the salad.
- 5 Serve and enjoy!