

Arab Inspired Apple Oatmeal Coffee Bites

Enjoy the rich flavors of Arab cuisine in these healthy and energizing apple oatmeal coffee bites. Packed with nutritious ingredients, they make for a delightful snack any time of the day.



Snack

Arab

35 min

Total time

Easy

Difficulty

250

kcal / serving

Ingredients

- 1 apple
- 1/2 cup coffee
- 2 eggs
- 1/4 cup milk
- 1 cup oatmeal

Steps

- 1 Preheat the oven to 350°F (175°C).
- 2 Peel and grate the apple.
- 3 In a bowl, combine the grated apple, coffee, eggs, milk, and oatmeal. Mix well.
- 4 Grease a baking dish and pour the mixture into it.
- 5 Bake for 25-30 minutes or until golden brown.
- 6 Allow to cool before cutting into bite-sized pieces.