

Arab-Style Veggie Snack Bowl

Enjoy a refreshing and healthy Arab-style veggie snack bowl packed with vibrant flavors and crunchy textures. This light snack is perfect for a quick bite and is loaded with nutrients from fresh vegetables.



Snack

Arab

15 min

Total time

easy

Difficulty

150

kcal / serving

Ingredients

- 1 medium carrot, grated
- 1/2 cup canned corn, drained
- 1/2 cucumber, diced
- 1 cup lettuce, chopped
- 1/2 cup mushrooms, sliced
- 1 tablespoon olive oil
- 1 teaspoon lemon juice
- Salt and pepper to taste
- Fresh parsley for garnish

Steps

- 1 Start by preparing all the vegetables: grate the carrot, dice the cucumber, chop the lettuce, and slice the mushrooms.
- 2 In a mixing bowl, combine the grated carrot, corn, cucumber, lettuce, and mushrooms.
- 3 Drizzle the olive oil and lemon juice over the mixed vegetables.
- 4 Season with salt and pepper, then toss everything together to ensure an even coating.
- 5 Transfer the snack bowl to a serving plate and garnish with fresh parsley before serving.