

Asian Chicken Avocado Salad

Healthy and light Asian-inspired main dish that is packed with protein and flavor.



Main Dish

Asian

15 min

Total time

Easy

Difficulty

400

kcal / serving

Ingredients

- Ingredients (for 1 person):
- 1/2 avocado
- 1/2 cup diced cooked chicken
- 2 boiled eggs, chopped
- 2 tablespoons mayonnaise
- 2 tablespoons milk

Steps

- 1 Start by adding the diced cooked chicken to a bowl.
- 2 Cut the avocado in half, remove the pit, then cut into cubes and add to the bowl.
- 3 Chop the two boiled eggs and add to the bowl as well.
- 4 Finally, add the mayonnaise and the milk to the bowl and mix everything together.
- 5 Serve the salad in one bowl.