

Asian Chicken, Carrot, and Cantaloupe Bowl

This healthy Asian-style dish is an amazing combination of sweet, crunchy and juicy flavors. It packs a nutritious punch with the always delicious combination of chicken, cantaloupe, carrots, and cereal!



Main Dish

Asian

10 min

Total time

Easy

Difficulty

365

kcal / serving

Ingredients

- Ingredients for 1 person:
- 2 oz cooked chicken
- 5 baby carrots
- 2 slices cantaloupe
- 2 tbs cereal
- 1 oz cheese

Steps

- 1 Finely dice the cooked chicken.
- 2 Shred the carrots using a grater.
- 3 Slice the cantaloupe.
- 4 Place the cereal, chicken, carrots, cantaloupe, and cheese into a bowl.
- 5 Mix all the ingredients together.
- 6 Serve and enjoy!