

Avocado and Tomato Salad

A refreshing and healthy French-inspired salad made with ripe avocados and juicy tomatoes.



Main Dish

French

10 min

Total time

Easy

Difficulty

250

kcal / serving

Ingredients

- 1 ripe avocado
- 1 tomato
- 1/4 red onion
- 1/4 cup fresh basil leaves
- 1 tablespoon lemon juice
- 1 tablespoon olive oil
- Salt and pepper to taste

Steps

- 1 Slice the avocado and tomato into thin slices.
- 2 Thinly slice the red onion.
- 3 In a bowl, combine the avocado, tomato, red onion, and basil leaves.
- 4 In a small bowl, whisk together the lemon juice, olive oil, salt, and pepper.
- 5 Drizzle the dressing over the salad and toss gently to combine.
- 6 Serve immediately.