

Avocado, Carrot and Corn Salad


5 min

Total time

Easy

Difficulty

249

kcal / serving

Ingredients

- ☐ 1 avocado, peeled and diced
- ☐ 1/2 cup shredded carrots
- ☐ 1/2 cup canned or cooked corn
- ☐ 1/2 cup shredded lettuce
- ☐ 2 tablespoons finely diced onions
- ☐ Salt and pepper, to taste

This easy and light avocado, carrot and corn salad can be served as a side dish or as a light main meal for lunch or dinner

Salad

Steps

- 1 In a medium sized bowl, mix together all the ingredients except for the lettuce.
- 2 t
- 3 Gently stir in the lettuce until everything is evenly combined.
- 4 Serve immediately or chill until ready to serve.