

Beef and Cheese Tortilla Wrap

Enjoy a delicious and satisfying Beef and Cheese Tortilla Wrap, perfect for a quick meal. This recipe combines savory beef with melted cheese, all wrapped in a warm tortilla.


15 min

Total time

easy

Difficulty

450

kcal / serving

Ingredients

- 1 tortilla
- 1/4 pound ground beef
- 1/4 cup shredded cheese
- 1 tablespoon taco seasoning
- 1 tablespoon olive oil
- Lettuce and salsa for garnish (optional)

Steps

- 1 Heat olive oil in a skillet over medium heat.
- 2 Add ground beef and cook until browned, breaking it apart as it cooks.
- 3 Stir in taco seasoning and cook for an additional 2 minutes.
- 4 Place the tortilla in the skillet until warm, about 30 seconds on each side.
- 5 Add cooked beef onto the center of the tortilla, sprinkle with cheese, and fold the sides over.
- 6 Cook for another 2-3 minutes until the cheese melts.
- 7 Serve with lettuce and salsa if desired.