

Beef Burrito Bowls

This flavorful main dish combines beef, potatoes, onions, tomatoes, and rice for a healthy and hearty dinner.



Main Dish

20 min

Total time

Easy

Difficulty

288

kcal / serving

Ingredients

- 2 ounces of beef
- 1/2 a potato, diced
- 1/4 cup diced onions
- 1/4 cup of diced tomatoes
- 1/4 cup cooked rice

Steps

- 1 Begin by heat a non-stick pan over medium heat and add the beef. Fry until cooked through about 5 minutes.
- 2 Remove the beef from the pan.
- 3 In the same pan, add both potatoes and onions. Cook until the vegetables are tender about 8-10 minutes.
- 4 Return the beef to the pan. Add the tomatoes and cooked rice and stir to combine.
- 5 Continue to heat until the beef and vegetables are hot and the rice is cooked. Serve hot.