

Bright Emerald Juice

A refreshing and vibrant juice blend combining the tartness of kiwi and June plum with the crisp sweetness of white grapes and cucumbers, uplifted by a zing of lemon, ginger, and a hint of sweet pepper for a unique twist.


10 min

Total time

Easy

Difficulty

90

kcal / serving

Ingredients

- 1 ripe kiwi, peeled and chopped
- 10 white grapes, washed
- 1 medium June plum, peeled and chopped
- 1/2 medium cucumber, peeled and chopped
- 1/2 lemon, juiced
- 1 small slice of fresh ginger (about 1 cm), peeled
- 1/4 sweet red pepper, seeded and chopped
- 1/2 cup cold water
- Ice cubes (optional)

Steps

- 1 Place the chopped kiwi, white grapes, June plum, cucumber, lemon juice, ginger, and sweet pepper into a blender.
- 2 Add the cold water and blend on high until smooth.
- 3 If the mixture is too thick, add more water to reach your desired consistency.
- 4 Strain the juice through a fine mesh sieve into a glass to remove pulp, if preferred.
- 5 Add ice cubes for a chilled drink.
- 6 Stir well and serve immediately for the freshest taste.