

Chinese Cheese Keto Snack

An easy and delicious cheese snack with a Chinese flavor.



Snack

Chinese

10 min

Total time

Easy

Difficulty

148

kcal / serving

Ingredients

- 1 tbsp sesame oil
- 2 slices of cheese
- 1/2 tsp Chinese Five Spice Blend
- Salt and Pepper to taste

Steps

- 1 Heat up the sesame oil in a pan over medium-high heat.
- 2 Add the cheese slices and cook for a few minutes until golden and crispy.
- 3 Sprinkle with Chinese Five Spice Blend, salt, and pepper.
- 4 Serve warm.