

Chocolate Almond Oat Milk Shake

Indulge in this creamy and nutritious chocolate almond oat milk shake, perfect for a quick breakfast or a delightful snack.

Packed with the goodness of oats and the richness of chocolate, it's a treat that satisfies both your sweet tooth and your health goals.


10 min

Total time

easy

Difficulty

350

kcal / serving

Ingredients

- 1 cup oat milk
- 2 tablespoons unsweetened cocoa powder
- 1 tablespoon almond butter
- 1 tablespoon sugar (or to taste)
- 1/4 cup almonds (toasted, for garnish)
- Ice cubes (as needed)

Steps

- 1 In a blender, combine the oat milk, cocoa powder, almond butter, and sugar.
- 2 Add a handful of ice cubes and blend until smooth and frothy.
- 3 Taste and adjust the sweetness if necessary, blending again if you add more sugar.
- 4 Pour the shake into a glass and top with toasted almonds for added crunch.
- 5 Serve immediately and enjoy your delicious shake!