

Chocolate Banana Smoothie

This delicious smoothie made with bananas, chocolate, milk and nuts will make a healthy and flavorful snack with only a few simple ingredients!



Smoothie

5 min

Total time

Easy

Difficulty

178

kcal / serving

Ingredients

- 1/2 cup of milk
- 1/2 banana
- 1 tablespoon of cocoa powder
- 1 tablespoon of roasted almonds
- 1 teaspoon of honey (optional)

Steps

- 1 In a blender, blend together milk, banana, cocoa powder and almonds until smooth.
- 2 Taste the smoothie and if desired, add honey for a light sweetness.
- 3 Serve the smoothie in a glass and enjoy your creation!