

Citrus Fruit Cereal with Banana Milk

Start your day with a refreshing bowl of citrus goodness! This delightful cereal combines the bright flavors of apple and orange, topped with a creamy banana milk coating for a nutritious and delicious breakfast or snack.


10 min

Total time

easy

Difficulty

300

kcal / serving

Ingredients

- 1 apple, diced
- 1 orange, segmented and diced
- 1/2 cup of your favorite cereal
- 1 banana
- 1 cup of almond milk (or any milk of choice)
- 1 tsp honey or maple syrup (optional)
- A pinch of cinnamon (optional)

Steps

- 1 In a bowl, combine the diced apple, orange segments, and cereal.
- 2 In a blender, combine the banana, almond milk, honey or maple syrup, and cinnamon. Blend until smooth.
- 3 Pour the banana milk over the cereal and fruit mixture.
- 4 Stir gently to combine and enjoy immediately!