

Creamy Peanut Butter Yogurt Delight

Indulge in a creamy, soft dessert made with yogurt and peanut powder, creating a delightful balance of flavors and textures. This quick and easy recipe will satisfy your sweet tooth while keeping it healthy.


10 min

Total time

easy

Difficulty

210

kcal / serving

Ingredients

- 1 cup plain yogurt
- 2 tbsp peanut powder
- 1 tbsp honey (optional)
- 1/4 tsp vanilla extract
- Pinch of salt

Steps

- 1 In a small saucepan, combine yogurt and peanut powder over low heat.
- 2 Stir continuously until the mixture is warm and smooth, about 3-5 minutes.
- 3 Remove from heat and mix in honey, vanilla extract, and a pinch of salt.
- 4 Pour into a serving bowl and let it cool slightly before serving.
- 5 Enjoy it warm or chilled, as per your preference.