

Egg and Ketchup Breakfast Sandwich

Start your day with a delicious and satisfying breakfast sandwich filled with fluffy eggs and tangy ketchup, all sandwiched between two slices of bread.



Main Dish

10 min

Total time

Easy

Difficulty

350

kcal / serving

Ingredients

- 2 slices of bread
- 2 eggs
- 2 tablespoons ketchup
- Salt and pepper to taste

Steps

- 1 Heat a non-stick skillet over medium heat.
- 2 Crack the eggs into a bowl and whisk them together until well beaten. Season with salt and pepper.
- 3 Pour the beaten eggs into the skillet and cook, stirring occasionally, until they are scrambled and fully cooked.
- 4 Toast the bread slices until golden brown.
- 5 Spread ketchup evenly on one side of each bread slice.
- 6 Divide the scrambled eggs between the two slices of bread, placing them on top of the ketchup.
- 7 Close the sandwich and serve hot.