

Fruit-Filled Breakfast Bonanza

Indulge in 15 delightful fruit-based breakfast recipes that will keep you full and energized until noon.


15 min

Total time

Easy

Difficulty

300

kcal / serving

Ingredients

- Banana
- Blueberries
- Strawberries
- Kiwi
- Pineapple
- Mango
- Greek yogurt
- Granola
- Chia seeds
- Honey
- Almonds
- Oranges
- Apples
- Pears
- Raspberries

Steps

- 1 Start your day with a refreshing smoothie packed with banana, blueberries, and Greek yogurt.
- 2 Create a colorful fruit salad with strawberries, kiwi, and pineapple.
- 3 Enjoy a tropical twist with mango chunks topped with granola and chia seeds.
- 4 Drizzle honey over sliced oranges and sprinkle with almonds for a crunchy treat.
- 5 Slice up apples and pears for a simple yet satisfying snack.
- 6 Blend raspberries into a creamy smoothie for a burst of flavor.