

Grilled chicken with herbs

This is an easy and delicious dish – a must-have for healthy meals. Grilled chicken with herbs makes your kitchen smell like a real restaurant.



Main Dish

20 min

Total time

Easy

Difficulty

310

kcal / serving

Ingredients

- Ingredients:
- 1 chicken breast
- 1 tbsp olive oil
- 1/4 tsp dried oregano
- 1/4 tsp dried thyme
- 1/4 tsp garlic powder
- pinch of salt and pepper

Steps

- 1 Preheat your grill to medium-high heat and lightly oil the grill.
- 2 Rub the chicken with olive oil and sprinkle the oregano, thyme, garlic powder, salt, and pepper.
- 3 Cook the chicken for 6-7 minutes on each side.
- 4 Let the chicken rest for 5 minutes before serving.