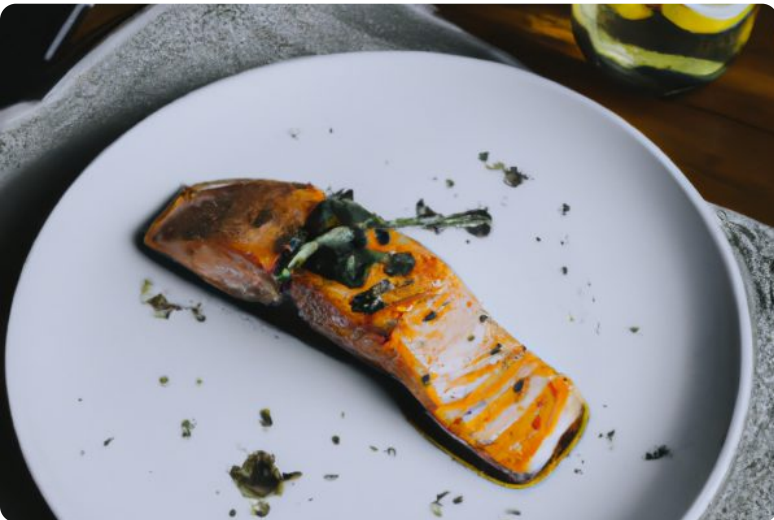


# Grilled Salmon

A light and juicy grilled salmon dish with a hint of honey and garlic



Main Dish

**20 min**

Total time

**Easy**

Difficulty

**230**

kcal / serving

## Ingredients

- 1 4-ounce salmon fillet
- 3 cloves garlic, minced
- 1 teaspoon honey
- salt, to taste
- 2 teaspoons extra-virgin olive oil

## Steps

- 1 Preheat the oven to 350 degrees F (175 degrees C).
- 2 Place salmon on a greased baking sheet.
- 3 In a small bowl, combine garlic, honey, and salt.
- 4 Rub the salmon with the garlic-honey mixture.
- 5 Drizzle the salmon with olive oil.
- 6 Bake in the preheated oven for 12 minutes, until the salmon flakes easily with a fork.
- 7 Serve immediately.