

High-Protein Almond Butter Energy Balls

These no-bake energy balls are packed with 40g of protein and 500 calories per 100g, perfect for a nutritious snack or post-workout treat!


20 min

Total time

Easy

Difficulty

500

kcal / serving

Ingredients

- 1 cup almond butter
- 1/2 cup protein powder
- 1/4 cup honey
- 1/4 cup rolled oats

Steps

- 1 In a mixing bowl, combine almond butter, protein powder, honey, and rolled oats.
- 2 Mix until well combined and the mixture is thick enough to form into balls.
- 3 Roll the mixture into small balls using your hands.
- 4 Place the energy balls on a tray and refrigerate for at least 30 minutes before serving.