

Honey Garlic Chicken

This healthy Argentinian chicken dish is packed with flavor and made with chocolate, garlic, and honey for a delicious meal you can enjoy.



Main Dish

Argentinian

25 min

Total time

Easy

Difficulty

215

kcal / serving

Ingredients

- 4 ounces boneless skinless chicken breast
- 1/4 teaspoon garlic powder
- pinch of sea salt
- 2 teaspoons honey
- 1/4 teaspoon grated chocolate

Steps

- 1 Preheat the oven to 375 degrees F.
- 2 Place the chicken breast on a baking sheet lined with parchment paper.
- 3 Sprinkle with garlic powder, sea salt, and grated chocolate.
- 4 Drizzle the honey over the chicken.
- 5 Bake for 20–25 minutes, until the chicken is cooked through.
- 6 Enjoy.