

Honey-Infused Yogurt Parfait

A delightful way to serve honey in a restaurant buffet, this yogurt parfait layers creamy Greek yogurt, fresh fruits, and a drizzle of honey for a refreshing and healthy treat.



Greek

10 min

Total time

easy

Difficulty

250

kcal / serving

Ingredients

- 1 cup Greek yogurt
- 1 tablespoon honey
- 1/2 cup mixed fresh fruits (berries, banana, etc.)
- 1 tablespoon granola (optional)
- Mint leaves for garnish (optional)

Steps

- 1 In a serving glass, start by adding half of the Greek yogurt at the bottom.
- 2 Layer half of the mixed fresh fruits on top of the yogurt.
- 3 Drizzle half of the honey over the fruits.
- 4 Repeat the layers with the remaining yogurt, fruits, and honey.
- 5 Top with granola if using, and garnish with mint leaves.
- 6 Serve immediately or chill until ready to serve.