

Honeyed Lettuce with Argentinian Nuts

Delight your sweet tooth with this low-carb Argentinian dessert featuring lettuce, honey, and nuts.



Dessert

Argentinian

15 min

Total time

Easy

Difficulty

180

kcal / serving

Ingredients

- 2 leaves of butterhead lettuce, 1 handful of your favorite Argentinian nuts (almonds, walnuts, etc), 2 tablespoons of honey, pinch of salt

Steps

- 1 Preheat oven to 350 degrees F.
- 2 Spread nuts on a baking sheet and bake for 10-15 minutes or until golden brown.
- 3 Wash lettuce leaves and pat dry.
- 4 Arrange lettuce on a plate and drizzle with honey.
- 5 Sprinkle roasted nuts over the lettuce and a pinch of salt.
- 6 Serve and enjoy!