

Indian Rice Breakfast Bowl

A hearty and flavorful breakfast bowl inspired by Indian cuisine, featuring a combination of rice, tomatoes, onions, and nuts, all topped with a tangy ketchup sauce.



Breakfast Dish

Indian

15 min

Total time

Easy

Difficulty

350

kcal / serving

Ingredients

- 1 cup cooked rice
- 1/4 cup chopped tomatoes
- 1/4 cup chopped onions
- 2 tablespoons ketchup
- 2 tablespoons chopped nuts (such as almonds or cashews)

Steps

- 1 In a pan, heat some oil and sauté the chopped onions until they turn golden brown.
- 2 Add the chopped tomatoes and cook until they soften.
- 3 Stir in the cooked rice and mix well.
- 4 In a separate bowl, mix the ketchup with a little water to make a sauce.
- 5 Pour the ketchup sauce over the rice mixture and stir until well combined.
- 6 Finally, sprinkle the chopped nuts on top and serve hot.