

Mediterranean Feta Salad

A refreshing and flavorful salad combining spinach, tomatoes, cucumber, feta cheese, and cabbage with a zesty dressing.



Salad

Mediterranean

10 min

Total time

easy

Difficulty

250

kcal / serving

Ingredients

- 1 cup spinach leaves
- 1 tomato, diced
- 1/2 cucumber, sliced
- 1/4 cup feta cheese, crumbled
- 1/2 cup shredded cabbage
- 1/4 cup corn kernels

Steps

- 1 In a large bowl, combine the spinach, tomatoes, cucumber, feta cheese, cabbage, and corn.
- 2 Toss the ingredients gently to mix evenly.
- 3 Drizzle your favorite vinaigrette dressing over the salad.
- 4 Serve chilled and enjoy!