

Mediterranean Olive Chicken

A flavorful Mediterranean-inspired chicken dish with a hint of brininess from olives. Perfect for a satisfying and healthy meal.



Main Dish

Mediterranean

25 min

Total time

Easy

Difficulty

350

kcal / serving

Ingredients

- 1 chicken breast, 1/4 cup olives, 1 tablespoon olive oil, 1 clove garlic, 1/2 lemon, salt, pepper, fresh herbs (such as parsley or oregano)

Steps

- 1 Season the chicken breast with salt, pepper, and chopped fresh herbs.
- 2 Heat olive oil in a pan over medium heat.
- 3 Add minced garlic and cook until fragrant.
- 4 Sear the chicken breast on both sides until golden brown.
- 5 Squeeze lemon juice over the chicken.
- 6 Add olives to the pan and cover to let the chicken cook through.
- 7 Serve hot and enjoy!