

# One-Pot Quinoa Veggie Bowl

A simple and nutritious dish that requires no preparation. Just add all ingredients to a kettle and enjoy a wholesome meal.


**25 min**

Total time

**Easy**

Difficulty

**250**

kcal / serving

## Ingredients

- 1/4 cup quinoa
- 1/2 cup mixed vegetables (carrots, bell peppers, green beans)
- 1 cup vegetable broth
- Salt and pepper to taste

## Steps

- 1 Rinse the quinoa under running water.
- 2 In a kettle, combine quinoa, mixed vegetables, and vegetable broth.
- 3 Season with salt and pepper.
- 4 Cover and bring to a boil, then reduce heat and simmer for 15–20 minutes or until quinoa is cooked.
- 5 Serve hot and enjoy!