

Orange Chicken

This citrus-flavored chicken dish is packed with sweet and savory flavors.



Main Dish

30 min

Total time

Easy

Difficulty

300

kcal / serving

Ingredients

- Ingredients for 1 Person:
- 1/2 boneless, skinless chicken breast
- 2 tablespoons olive oil
- 1 tablespoon honey
- 1 orange, thinly sliced
- Salt and freshly ground pepper to taste

Steps

- 1 Preheat the oven to 350F.
- 2 In a shallow bowl, combine the olive oil honey, and salt and pepper. Stir together until well combined.
- 3 Dip the chicken into the mixture, coating well.
- 4 Place the chicken in an oven-safe baking dish.
- 5 Top the chicken with the orange slices.
- 6 Bake for 25 minutes, or until chicken is cooked through.
- 7 Serve with rice or your favorite side dish.