

Popcorn Trail Mix

A tasty, healthy snack mix including popcorn, nuts and dried fruit



Snack

American

15 min

Total time

Easy

Difficulty

470

kcal / serving

Ingredients

- 2 cups of popcorn
- 1/4 cup of peanuts
- 1/4 cup of walnuts
- 1/4 cup of dried cranberries
- 2 tablespoons of honey
- 1 tablespoon of melted butter
- Salt to taste

Steps

- 1 Preheat the oven to 400°F.
- 2 Spread popcorn on a baking sheet and bake for 5 minutes.
- 3 Place the peanuts, walnuts and cranberries in a bowl and mix.
- 4 Drizzle honey and melted butter on popcorn and mix.
- 5 Add the nuts and cranberries to the popcorn and fold carefully.
- 6 Season with salt to taste.
- 7 Enjoy!