

Russian Egg Scramble

This low-carb breakfast dish is a Russian twist on the classic scrambled eggs. With minimal ingredients and a short cooking time, it is the perfect way to start your day!



Breakfast Dish

Russian

5 min

Total time

Easy

Difficulty

143

kcal / serving

Ingredients

- Ingredients for 1 person:
- 2 eggs
- 2 teaspoons butter
- Salt, pepper to taste

Steps

- 1 Crack the two eggs into a bowl and beat until they are light and fluffy.
- 2 Heat the butter in a skillet over medium heat.
- 3 Pour the eggs into the skillet and scramble until cooked through.
- 4 Season with salt and pepper to taste.