

Savory Strawberry Chicken Salad

This refreshing salad combines juicy strawberries with tender chicken and a hint of tangy balsamic dressing. Perfect for a light meal or a satisfying lunch, it's a delightful mix of flavors and textures.



Main Dish

15 min

Total time

easy

Difficulty

350

kcal / serving

Ingredients

- 100g cooked chicken breast, shredded
- 50g fresh strawberries, sliced
- 30g mixed salad greens (arugula, spinach, or romaine)
- 1 tablespoon feta cheese, crumbled
- 1 tablespoon balsamic vinaigrette
- Salt and pepper to taste
- 1 teaspoon olive oil

Steps

- 1 In a large bowl, combine the mixed salad greens and shredded chicken.
- 2 Add the sliced strawberries and crumbled feta cheese on top.
- 3 Drizzle with balsamic vinaigrette and olive oil.
- 4 Season with salt and pepper to taste.
- 5 Toss gently to combine all ingredients evenly.
- 6 Serve immediately on a plate or in a salad bowl.