

Spicy Tuna Salad Wrap

This Spicy Tuna Salad Wrap is a fresh and zesty dish perfect for a quick lunch or a light dinner. Packed with flavor and easy to make, it's sure to satisfy your cravings for something healthy and delicious.



Main Dish

15 min

Total time

easy

Difficulty

350

kcal / serving

Ingredients

- 1 can (5 oz) tuna, drained
- 2 tablespoons mayonnaise
- 1 teaspoon sriracha (adjust to taste)
- 1 tablespoon chopped green onions
- 1/4 cup diced cucumber
- 1 large lettuce leaf
- 1 whole wheat wrap or tortilla
- Salt and pepper to taste

Steps

- 1 In a bowl, combine the drained tuna, mayonnaise, sriracha, chopped green onions, diced cucumber, salt, and pepper. Mix well until all ingredients are evenly coated.
- 2 Lay the lettuce leaf on the whole wheat wrap or tortilla.
- 3 Spoon the tuna mixture onto the lettuce leaf.
- 4 Wrap the tortilla tightly around the filling, folding in the sides as you go.
- 5 Slice in half and serve immediately.