

Strawberries Salad

This delicious and nutritious salad is sure to fill you up in no time!



Main Dish

10 min

Total time

Easy

Difficulty

240

kcal / serving

Ingredients

- 1 cup strawberries, 1 tbsp olive oil, 2 tsp balsamic vinegar, 2 tsp sugar, 1/4 tsp salt, 2-3 leaves of fresh arugula

Steps

- 1 Wash and cut strawberries into small slices.
- 2 Combine oil, balsamic vinegar, sugar, and salt in a bowl and stir until well blended.
- 3 In a separate bowl, combine strawberries and arugula.
- 4 Pour the oil mixture over the berries and toss until evenly coated.
- 5 Serve chilled and enjoy!