

Strawberry Apple French Toast Bake

This delightful French toast bake combines the sweetness of strawberries and apples with the richness of eggs and milk, making it a perfect main dish for breakfast or brunch. It's easy to prepare and can be enjoyed warm straight from the oven.



Main Dish

French

35 min

Total time

easy

Difficulty

350

kcal / serving

Ingredients

- 1 medium apple, diced
- 1/2 cup strawberries, sliced
- 1 large egg
- 1/2 cup milk
- 1 slice of bread (preferably brioche or challah)
- 1 tablespoon sugar
- 1/2 teaspoon cinnamon
- 1 teaspoon vanilla extract
- Butter for greasing

Steps

- 1 Preheat your oven to 350°F (175°C).
- 2 Grease a small baking dish with butter.
- 3 In a bowl, whisk together the egg, milk, sugar, cinnamon, and vanilla extract.
- 4 Tear the bread into small pieces and place them in the greased baking dish.
- 5 Add the diced apple and sliced strawberries on top of the bread pieces.
- 6 Pour the egg mixture evenly over the bread and fruit, pressing down gently to soak the bread.
- 7 Bake in the preheated oven for 25-30 minutes, until golden brown and set.
- 8 Let cool slightly before serving.