

Ultimate American Burgers

These ultimate American burgers are a healthy and tasty snack to satisfy your cravings. It is easy to make and doesn't require much preparation time.



Snack

American

10 min

Total time

Easy

Difficulty

632

kcal / serving

Ingredients

- Ingredients for 1 person:
- 2 slices of bread
- 2 slices of cheese
- 1 lettuce leaf
- 2 teaspoons of ketchup
- 1/4 pound of beef

Steps

- 1 Grill the beef patty until it reaches an internal temperature of 160°F and is cooked throughout.
- 2 Toast the bread slices and assemble the burger: first the bread, then the cheese, ketchup, beef patty and finally the lettuce.
- 3 Serve. Enjoy!